



## **National Training Team Selection Policy 2011**

### **Introduction**

This paper aims to define the National Training Team (NTT) selection process, as well as a coherent and reasonable exit strategy, in order to support the High Performance targets of the Singapore Shooting Association as set out in the Multi Year Support Plan.

The National Training Team has 3 aims, namely to provide a base of shooters for selection and State representation, to win medals in team and individual events at Major Games, and to provide competition to and groom shooters for the Elite team.

### **Proposed Structure**

The proposed structure of the National Training Team is for the teams to be capped at the number of shooters allowed per gender discipline by the ISSF at the ISSF World Championships. This is also a common benchmark for other ISSF sanctioned competition. The premise for this is to concentrate training resources on an optimal number of shooters. This will also ensure a holistic development of disciplines and events against the number of medals. As a guide, the number of shooters per gender discipline can be found below.

	ISSF Guideline	Proposed National Training Team Squad Size (2 x ISSF guideline)
Rifle Women	6	12
Rifle Men	8	16
Pistol Women	5	10
Pistol Men	10	20
Shotgun Women	9	18
Shotgun Men	9	18

#### **National Shooting Centre**

990 Old Choa Chu Kang Road, Singapore 699814  
Tel: (65) 6795 3760 Fax: (65) 6795 6182 Hp: (65) 9339 8081  
Email: [marketing@singaporeshooting.org](mailto:marketing@singaporeshooting.org)  
Website: [www.singaporeshooting.org](http://www.singaporeshooting.org)



## **Proposed Selection and Retention**

The proposed system for selection into the National Training Team is based on hitting a score pegged to the average SEA Games finalist scores over the past 3 SEA Games or MQS, whichever is higher. The average of the 2 best scores is used.

Shooters who manage to achieve an average equal or exceeding the reference score with their 2 best scores out of a consecutive 6 month period ending June and December will be admitted.

A minimum tenure of 5 years or 2 consecutive SEA Games, whichever is shorter, will be allowed from the first instance of admission to the National Training Team. This is extended by 5 years upon winning an individual medal at any of the Major Games as defined by the Singapore National Olympic Council. At this moment, the Olympic Games, Asian Games, Commonwealth Games and Southeast Asian Games fall under the category of Major Games.

There will be an annual review of shooters based on their individual training plan. Shooters who are found lacking will be dropped from the National Training Team.

### **National Shooting Centre**

990 Old Choa Chu Kang Road, Singapore 699814  
Tel: (65) 6795 3760 Fax: (65) 6795 6182 Hp: (65) 9339 8081  
Email: [marketing@singaporeshooting.org](mailto:marketing@singaporeshooting.org)  
Website: [www.singaporeshooting.org](http://www.singaporeshooting.org)



The scores for NTT qualification are as follows:

Rifle Men	Air Rifle	583
	50m Prone	587
	50m 3-Positions	1135
Rifle Women	Air Rifle	389
	50m Prone	585
	50m 3-Positions	563
Pistol Men	Air Pistol	569
	25m Standard	548
	25m Centre	570
	25m Rapid	560
	50m Free	542
Pistol Women	Air Pistol	373
	25m Sports	563
Shotgun	Trap Men	112
	Trap Women	58
	Skeet Men	114
	Skeet Women	60
	Double Trap Men	118

## Training Arrangements and Commitment

Shooters selected into the NTT will be required to fulfil a minimum training obligation of 12 training sessions a month at SAFRA Yishun Indoor shooting range or National Shooting Centre under the instruction of SSA coaches with respect to Rifle and Pistol events. For Shotgun events, the minimum is 8 training sessions a month. Monthly shoots and Competitions will be counted as training sessions.

Leave of absence can be applied for during periods of overseas work or academic examination. Repeated non-compliance with the requirements may lead to disciplinary actions being taken against the shooter, including dismissal from the NTT.

**National Shooting Centre**  
 990 Old Choa Chu Kang Road, Singapore 699814  
 Tel: (65) 6795 3760 Fax: (65) 6795 6182 Hp: (65) 9339 8081  
 Email: [marketing@singaporeshooting.org](mailto:marketing@singaporeshooting.org)  
 Website: [www.singaporeshooting.org](http://www.singaporeshooting.org)



## **Training Requirements of Major Games Squad**

Special training squads will be formed by selection within NTT for Major Games. This is defined as the Olympic Games, Asian Games, Commonwealth Games and the Southeast Asian Games. Additional training support may be given to shooters who are selected in such training squads and they may be required to meet a different level of training obligations.

### **National Shooting Centre**

990 Old Choa Chu Kang Road, Singapore 699814  
Tel: (65) 6795 3760 Fax: (65) 6795 6182 Hp: (65) 9339 8081  
Email: [marketing@singaporeshooting.org](mailto:marketing@singaporeshooting.org)  
Website: [www.singaporeshooting.org](http://www.singaporeshooting.org)